

FRESH STRAWBERRY MILKSHAKE

Posted on March 21, 2024 by admin

Follow our easy, step-by-step, photo illustrated instructions to learn how to make a refreshing Strawberry Milkshake using fresh strawberries. Printable recipe included.

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Fresh strawberries make an excellent Strawberry Milkshake in just a few minutes. It's a refreshing drink for those hot days of Summer. Or, you can still use frozen strawberries when you're wanting a milkshake in the middle of Fall or Winter. No one will judge you. Smile.

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When Spring rolls around, and the days start getting warmer, it's always a treat to learn that fresh strawberries are back in season. You can use them in so many different ways. Jams, jellies, preserves, cakes, breads, muffins, and of course – in milkshakes. I'm sure you can think of even more uses for them.

The days are gone when I could stoop over in a field and pick them fresh. But, thankfully most of the U-Pick berry farms around here always have containers and baskets of freshly picked strawberries to sell. I'm just happy someone is young enough to still get down near the dirt. Smile.

One of the things I enjoy on a hot summer day is a cold milkshake. Whether it's chocolate, vanilla, or this fresh strawberry shake, they just have a way of making a hot day more tolerable.

A year or two back, I picked up a small home type milkshake blender from a local auction I attended

each weekend. It didn't have the metal cup, so I had to order one of those. I wanted it as much for decoration as I did to actually use it. Turns out, it worked pretty good.

I made more than a few shakes with this little machine, and finally sat it back on top of the refrigerator towards the end of summer.

My nephew had stopped by one day and spotted it. He said he loved milkshakes, so the little machine is getting used often in it's new home. It's always fun to give.

Ready to give our recipe a try? Alright then, let's head on out to the kitchen, and... Let's Get Cooking!

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Fresh Strawberry Milkshake Recipe – You'll need these ingredients.

If fresh strawberries are not in season, you can easily substitute with frozen berries instead.

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Remove the hulls from the berries, then rinse them under cool running water.

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Chop the berries into small pieces.

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Add 3 Tablespoons of sugar to the berries.

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Add 2 teaspoons of Vanilla flavoring.

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Stir everything together as the sugar dissolves. Refrigerate for 30 minutes prior to using.

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Add 3 to 4 scoops of Vanilla Ice Cream to mixing cup.

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Add 3-4 Tablespoons of the strawberries to the cup.

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Add milk as desired. Less milk equals a thicker shake, more milk equals a thinner shake.

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Place mixing cup under mixer head. You could also do this in a regular blender, or use a stick blender, whichever you have on hand. Blend as needed for desired consistency.

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Enjoy!

Pour the milkshake into a tall glass and top with whipped cream and a fresh strawberry.

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